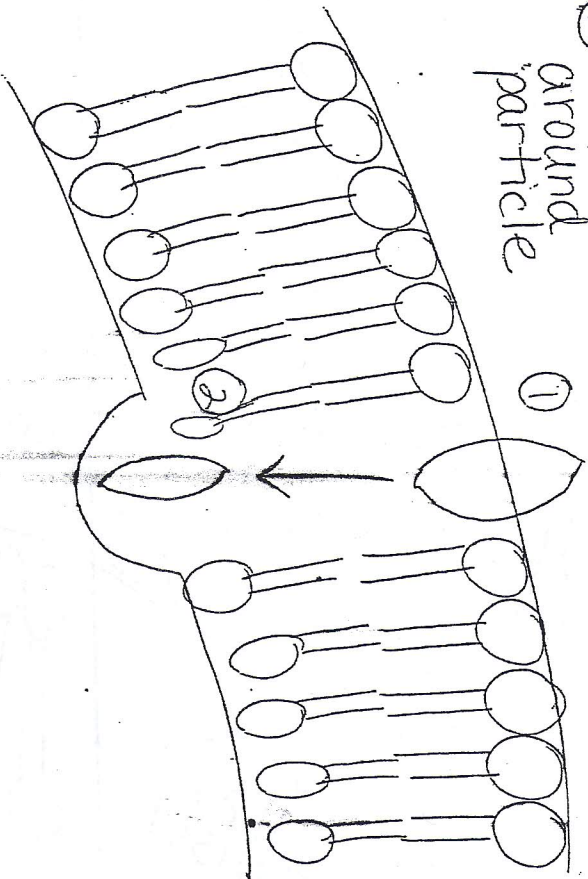


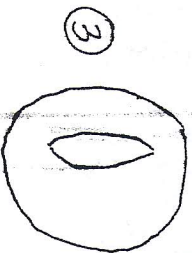
Endocytosis

① particle (food) touches cell membrane

② cell membrane wraps around particle



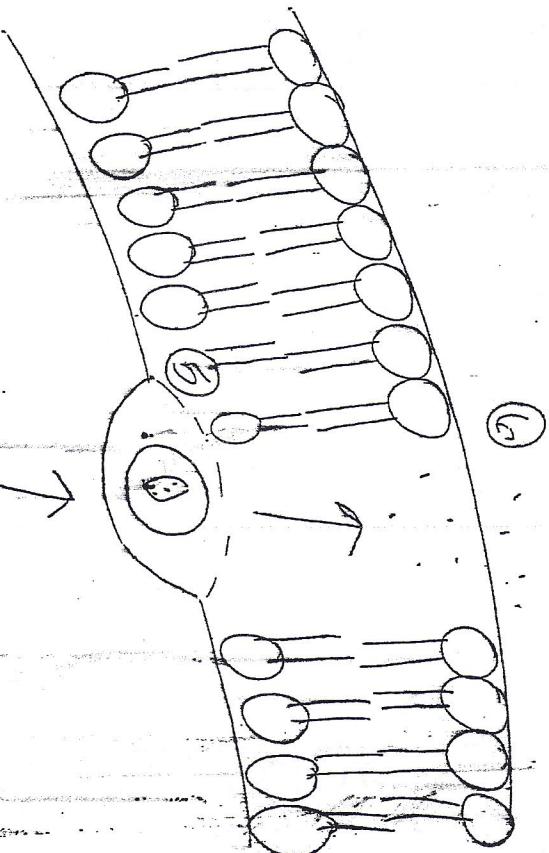
③ particle enters cell



Exocytosis

④ cell releases waste

⑤ fuses to cell membrane



⑥ digested particles packaged to leave